

### ULAX Box 2022 Penalty Enforcement

The referee, at his discretion based on the severity of the violation, shall assess a penalty to any player who incurs the following infractions below.

INFRACTION	DESCRIPTION	SEVERITY
BOARDING (BRD)	Any player or goalkeeper who body-checks, cross checks, pushes or causes an opponent to be thrown violently into the boards. If a player takes more than 3 hard steps to 'T-bone' a player into the boards.	Minor Major Match
BUTT-ENDING (BE)	Jabbing an opponent with the butt end of a stick. Doesn't need to make contact with player – it can be an attempt. Ice picks would be considered a butt end.	Major Match
BENCH MINOR (BM)	Any coach, bench personnel, or players on the bench who verbally abuse an official or opposing player. After a warning a Bench Minor (BM) may be assessed for keeping the gate open.	Minor Match
CHARGING (CHG)	Any player or goalkeeper who runs, jumps into or charges an opposing player where a violent collision occurs.	Minor Major Match
CHECKING FROM BEHIND (CFB)	Any player who intentionally pushes, body-checks, illegally cross checks or hits an opposing player from behind anywhere on the floor. NOTE: The most dangerous infraction in the game. All incidents are a penalty, regardless of severity. A deliberate check from behind near the boards or goal posts will be a major or match penalty. If player is vulnerable and cannot protect himself by getting his hands up, you must assess a Match penalty.	Major Match
CROSS CHECKING (CC)	A cross check applied below the waist, on top of the shoulder, applied when an opponent is not on their feet, applied to an opponent outside of the offensive zone. A major extension of the defender's arms in delivering a 'blow'.	Minor Major Match
DELAY OF GAME (DG)	A delay of game shall be given to any player in possession of the ball who does not immediately place the ball on the ground on a shot clock violation, or does not give the proper space to an offensive player on a newly awarded possession, or deliberately stops the progress of play.	Minor
ELBOWING	Assessed to any player who used their elbow to foul their	Minor

(EB)	opponent.	Major Match
FIGHTING (MP)	Any altercation including a player who incites or instigates a fight. Any punch thrown is a Match Penalty(MP).	Match
GOALTENDER INTERFERENCE (INT)	Penalty will be given for any offensive player who makes any contact with the opposing team's goalie/player while that goalie/player is contained within the cylinder of the crease.	Minor Major Match
HAND BALL (HB)	Any player or goalkeeper who catches (not touches) the ball outside of their goal crease. Must be intentional.	Minor
HIGH STICKING (HS)	Any contact to an opponent's neck, face or helmet. <b>NOTE:</b> Incidental contact with the helmet should be disregarded. If a player deliberately ducks causing the high sticking this should be disregarded as well.	Major Match
HOLDING (HLD)	Any player or goaltender who impedes an opponent's progress by holding with his/her arms, hands or legs	Minor
HOOKING	The act of using the stick in a manner that enables a player to restrain an opponent. When a player is checking another player in such a way that there is only stick-to-stick contact, such action is not to be penalized as hooking	Minor Major
INTERFERENCE (INT)	When a player purposely prevents an opponent from regaining their stick. When a player violently hits another player when the ball is loose (without possession). When checking players who are either coming on or off of the floor for line change (violent checks into open gates will result in a Match penalty (MP).	Minor Major Match
ROUGHING (RO)	i. Any excessively violent holding, pushing, or punching motion with or without the glove on. ii. Deliberate or excessive contact or cross-check by a defensive player against an offensive player who has established a legal screen/pick position. iii. Any avoidable act on the part of a player, which is deliberate or excessively violent whether it be with the body or stick.	Minor Major Match
SLASHING (SL)	Any player or goalkeeper who deliberately slashes an opponent with his/her stick. Contact does not need to be made.	Minor Major Match
SPEARING	Spearling is the stabbing of an opponent with the head/mouth	Major

(SP)	of the stick.	Match
THROWING STICK (TS)	Any player or goalkeeper who throws their stick or any other piece of equipment at the ball or opponent.	Major Match
TOO MANY PLAYERS (TMP)	If on defense, too many players on the floor will be assessed a penalty. If the violation occurs with less than 2 minutes in the game a penalty shot will be awarded.	Minor Penalty Shot
TRIPPING (TR)	Any player or goalkeeper who uses their stick or any part of their body to trip an opponent.	Minor Major Match
TARGETING DEFENSELESS PLAYER	i. Body checking a player from their "blind side" ii. Body checking an opponent who has their head down in an attempt to play a loose ball iii. Body checking a player whose head is turned away to receive a pass iv. Body checking a player near the boards or in a vulnerable position.	Major Match
UNSPORTSMANLIKE CONDUCT	Refer to Rule 84; page 50 of USA LAX Box Rule Book	Major Match
Dead Ball Contact	After any whistle/horn or dead ball, any player makes intentional contact with another player.	Minor Major Match

\*Minor penalty is 1 min in duration (4 Minor/total penalties = game disqualification)

\*\*Major penalty is 3 mins in duration (3 Major penalties = game disqualification)

\*\*\*Match penalty is 5 mins in duration and requires the removal of the player for the remainder of game.