

CTLOA Training – January 2023

Doug Dickson- collaborated with many others including Gary Crouse

Thirteen Tips and Tricks for your lacrosse officiating toolbox

- 1) **Zip it; zip it good-** During pregame, let the Referee speak to the coaches and players- no need for any other chatter- R- Keep it short and simple, spend equal time with both coaches- Consider calling each Coach –“Coach”
- 2) **Turning around every now and then?**- Always face the field, back to the bench and sidelines, don't turn your back to the players on the field, don't let players “Lighthouse” you
- 3) **All in Unison-** Echo and signal possession, reset, and flag down, point direction of play- *Every time*
- 4) **Wait.....What?**- Discuss multiple flags or multiple minutes before reporting to table-*what do you have, what did you see?* Talk about any unusual situation
- 5) **Keep the game moving along- we do not get paid by the hour!**- two biggest time sucks are 1) time after a goal, get the ball up to the midfield, do not take time to fidget and fuss and 2) Reporting penalty to the table- do not signal numbers, clear, crisp signals, other two guys get the field ready for play
- 6) **Telling the table....but not your crew-**report penalties to your partner across the field and then to the trail before going to the table- this gets back to 5) and allows the game to move along more smoothly and more efficiently
- 7) **Running away from the restart on a FO violation-** Single has the restart- two others should freeze their ends
- 8) **What the heck are they talking about?**- if you conference with the crew on the field, you must communicate with both benches. If you reverse a call, pause and allow substitutions
- 9) **All officials officiate the Bermuda Triangle-** area defined by a line connecting the opposite midline coach to each bench should officiated by all officials- Lead should run toward goal line turning back to see action in the hot zone, trail should hustle up to get near actions, signal should pinch in if necessary to be in the action
- 10) **WWKD-** when the action is chaotic, all three officials should tighten and get into the TV frame for broadcast- close in on the action
- 11) **Guess what I am doing with my hands now?** -Signals should be clear and crisp- straight out, straight up- shoulder width and higher for every signal
- 12) **“He actually jacked him up Coach!”** – Leave color commentary to the PA announcer, communicate with coaches, players, and your crew using language from the rule book whenever possible. “By rule.....”
- 13) **Win the race to GLE when you are lead-**know your own physical capabilities, as the new lead in transition it is your job to get to the goal before the ball